



3rd September 2025

Dear Parents/Carers,

### Core PE - Kit and Lesson Expectations Reminder

To ensure our high standards in PE are continually being met, I have detailed below a reminder of our current kit and lesson expectations. This includes the wearing and expectations of those unable to take part in PE lessons.

The Holmesdale PE kit consists of a black PE polo shirt, or a plain black top, black shorts or a skort (of reasonable length) and black trousers or leggings. Tights are not permitted to be worn under PE kit and long hair must be tied up.

Every student will be expected to bring the correct kit, as listed above, to all PE lessons. If your child does not currently have a Holmesdale PE kit, you can purchase this from Pages Schoolwear in Maidstone - or alternatively, a plain black t-shirt and shorts or trousers as mentioned above is acceptable. As with all items of clothing, it is imperative that the PE kit is labelled with your child's name so that if any kit is left behind we can return it.

On occasions when your child may not be able to physically take part in a PE lesson, a reason must be provided from either yourselves or the doctor stating the reason why. All students will be required to change into their PE kit, regardless if they are taking part or not, and will be asked to take on additional roles / responsibilities within the lesson. This is to ensure they are still able to take on a less active role and participate in the lesson. If any student is not physically able to get changed, this will not apply.

If your child does not have their PE kit (without a note explaining why), they will be expected to take part in PE in their uniform and school shoes, and receive a 10 minute break or lunch time detention. On the next occasion, an after-school detention will be issued and a member of the PE department will be in contact with yourselves to discuss.

By ensuring all students take part in every lesson, we can ensure the best possible learning opportunity for every student. The above expectations have been in place for a long time and although the majority of our students bring the correct kit in and take part fully in every lesson, I would just like to kindly remind everyone of our expectations.

Yours faithfully,

Mr S Amos

Head of PE

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A member of Swale Academies Trust

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