

# WEEK 1

# THIS WEEK'S MENU

W/C: 03/11/2025, 24/11/2025, 15/12/2025, 05/01/2026, 26/01/2026, 16/02/2026, 09/03/2026, 30/03/2026

	OPTION ONE	OPTION TWO	GRAB & GO
<b>MON</b>	<b>SAUSAGE AND MASH</b> with Vegetables and Gravy	<b>PAN-ASIAN</b> <b>YELLOW VEGETABLE CURRY</b> with Wholegrain Rice   	<b>HOT DISHES:</b> Paninis Pasta and Sauces  Freshly Baked Pizza Soup and Bread  Jacket Potato and Toppings    <b>SALADS:</b> Tuna and Sweetcorn Pasta Salad  Pesto Pasta Salad    Roasted Indian Chickpea Salad    <b>SANDWICHES/BAGUETTES:</b> Egg Salad Sandwich  Chicken Salad Sandwich   Cheese and Pickle Baguette  Tuna Mayo Baguette BLT Baguette  <b>WRAPS:</b> BBQ Chicken Wrap  Chicken Caesar Wrap  Crunchy Pepper and Houmous Wrap  
<b>TUE</b>	<b>BURGER BAR</b> <b>JERK CHICKEN BURGER</b> with Baked Garlic and Herb Wedges and Salad	<b>BURGER BAR</b> <b>BLACK EYED BEAN BURGER</b> with Baked Garlic and Herb Wedges and Salad 	
<b>WED</b>	<b>ROAST LOIN OF PORK WITH APPLE SAUCE AND STUFFING</b> with Roast Potatoes, Vegetables and Gravy	<b>SPICE IS NICE</b> <b>SPICED SWEET POTATO AND CHICKPEA ROAST</b> with Wholegrain Rice and Salad   	
<b>THURS</b>	<b>CHILLI CON CARNE</b> with Wholegrain Rice and Vegetables  	<b>STREET</b> <b>CHEESE AND BEAN TOASTIE</b> with Baked Garlic and Herb Wedges and Vegetables  	
<b>FRI</b>	<b>FRIDAY FAVOURITES</b> <b>SOUTHERN FRIED CHICKEN GOUJONS</b> With Chips, Baked Beans or Peas	<b>FRIDAY FAVOURITES</b> <b>BBQ QUORN BITES</b> with Chips and Baked Beans or Peas 	

 Vegetarian 
  Vegan 
  Oily Fish 
  Wholegrain 
  Nutritionist's Choice  
 Our menu is subject to change.

# WEEK 2

# THIS WEEK'S MENU

W/C: 10/11/2025, 01/12/2025, 22/12/2025, 12/01/2026, 02/02/2026, 23/02/2026, 16/03/2026

	OPTION ONE	OPTION TWO	GRAB & GO
<b>MON</b>	SPICE IS NICE		<b>HOT DISHES:</b> Paninis Pasta and Sauces 🌿 Freshly Baked Pizza Soup and Bread 🌿 Jacket Potato and Toppings 🌿 🌿  <b>SALADS:</b> Tuna and Sweetcorn Pasta Salad 🌿 Pesto Pasta Salad 🌿 🌿 Roasted Indian Chickpea Salad 🌿 🌿  <b>SANDWICHES/BAGUETTES:</b> Egg Salad Sandwich 🌿 Chicken Salad Sandwich 🌿 🌿 Cheese and Pickle Baguette 🌿 Tuna Mayo Baguette BLT Baguette  <b>WRAPS:</b> BBQ Chicken Wrap 🌿 Chicken Caesar Wrap 🌿 Crunchy Pepper and Houmous Wrap 🌿 🌿
	<b>CHICKEN TIKKA MASALA</b> with Wholegrain Rice and Vegetables 🌿 🌿	<b>VEGAN CHILLI</b> with Wholegrain Rice and Chipotle Sweetcorn 🌿 🌿 🌿	
<b>TUE</b>	BURGER BAR	BURGER BAR	
	<b>SRIRACHA CHICKEN BURGER</b> with Baked Garlic and Herb Wedges and Salad	<b>TIGER BHAJI BURGER</b> with Baked Garlic and Herb Wedges and Salad 🌿	
<b>WED</b>			
	<b>ROAST CHICKEN</b> with Roast Potatoes, Vegetables and Gravy	<b>ROAST QUORN</b> with Roast Potatoes, Vegetables and Gravy 🌿	
<b>THURS</b>	STREET	STREET	
	<b>BEEF LASAGNE</b> with Margherita Pizza Pinwheel and Salad 🌿	<b>VEGETABLE JAMBALAYA</b> with Green Beans 🌿	
<b>FRI</b>	FRIDAY FAVOURITES	FRIDAY FAVOURITES	
	<b>SOUTHERN FRIED CHICKEN GOUJONS</b> With Chips, Baked Beans or Peas	<b>CHEESE, ONION AND POTATO SLICE</b> with Chips and Baked Beans or Peas 🌿	

🌿 Vegetarian
🌿🌿 Vegan
🐟 Oily Fish
🌿 Wholegrain
🌿🌿 Nutritionist's Choice

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# WEEK 3

# THIS WEEK'S MENU

W/C: 27/10/2025, 17/11/2025, 08/12/2025, 29/12/2025, 19/01/2026, 09/02/2026, 02/03/2026

	OPTION ONE	OPTION TWO	GRAB & GO
<b>MON</b>	BURGER BAR	BURGER BAR	<p><b>HOT DISHES:</b></p> <ul style="list-style-type: none"> <li>Paninis</li> <li>Pasta and Sauces 🌿</li> <li>Freshly Baked Pizza</li> <li>Soup and Bread 🌿</li> <li>Jacket Potato and Toppings 🌿 🌿</li> </ul> <p><b>SALADS:</b></p> <ul style="list-style-type: none"> <li>Tuna and Sweetcorn Pasta Salad 🍷</li> <li>Pesto Pasta Salad 🌿 🌿 🍷</li> <li>Roasted Indian Chickpea Salad 🌿 🍷</li> </ul> <p><b>SANDWICHES/BAGUETTES:</b></p> <ul style="list-style-type: none"> <li>Egg Salad Sandwich 🌿</li> <li>Chicken Salad Sandwich 🌿 🍷</li> <li>Cheese and Pickle Baguette 🌿</li> <li>Tuna Mayo Baguette</li> <li>BLT Baguette</li> </ul> <p><b>WRAPS:</b></p> <ul style="list-style-type: none"> <li>BBQ Chicken Wrap 🍷</li> <li>Chicken Caesar Wrap 🍷</li> <li>Crunchy Pepper and Houmous Wrap 🌿 🍷</li> </ul>
	<b>BUN-LESS BURGER BOX</b> with Crispy Potatoes and Salad	<b>BEETROOT AND FETA BURGER</b> with Baked Spiced Wedges and Salad 🌿	
<b>TUE</b>		STREET	
	<b>MINCE BEEF PIE</b> with Mashed Potato, Vegetables and Gravy	<b>VEGETARIAN SAUSAGE AND MASH</b> with Vegetables and Gravy 🌿	
<b>WED</b>			
	<b>ROAST GLAZED HAM</b> with Roast Potatoes, Vegetables and Gravy	<b>ROAST QUORN</b> with Roast Potatoes, Vegetables and Gravy 🌿	
<b>THURS</b>		PAN-ASIAN	
	<b>FIRECRACKER BEEF</b> with Wholegrain Rice and Vegetables 🌿 🍷	<b>BRAZILIAN BLACK BEAN STEW</b> with Wholegrain Rice and Vegetables 🌿 🍷	
<b>FRI</b>	FRIDAY FAVOURITES	FRIDAY FAVOURITES	
	<b>SOUTHERN FRIED CHICKEN GOUJONS</b> With Chips, Baked Beans or Peas	<b>CHEESY BEAN BURGER</b> with Chips and Baked Beans or Peas 🌿	

 Vegetarian 
  Vegan 
  Oily Fish 
  Wholegrain 
  Nutritionist's Choice

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